

ART IS...

my form, and the lens through which I experience life. Art is a sacred place of refuge where I explore vision, rest, and joy. My greatest appreciation is for art that educates, inspires, heals, and transforms both the creator and the viewer. I have been influenced by all kinds of art.

Art that spreads peace and universal understanding
Art that educates, entertains, and fascinates
Art of innovators and mimics
Art that celebrates the past, present and future
Art of master artisans and art of the inner child
Art of light, shade, depth, and dimension
Art made of memories and recycled things
Art that is functional, ethereal, whimsical, and welcoming
Art of disabled, disturbed, and struggling minds
Art that brings hope to despair
Art that crosses lines and mends divisions
Art that softens hearts and releases tears
Art that presents different angles and interpretations
Art as discovery and exploration
Art that draws me in-turns me out-and upside down
Art that challenges, tweaks, and changes me
Art of movement and still life
Art that stimulates and delights the senses
Art in the kitchen
Art as healing therapy
Art that inspires, uplifts, nourishes, enriches
Art of rites and rituals
Art of the ages and art of the new
Art on teepees, caverns, billboards, and sidewalks
Art on fabric, plastic, canvas, and glass
Art of metal, stone, clay, and wood
Art in decoration and natural beauty
Art in dance, music, and loving
Art on stage and at home
Art all over the world
Art is my rhythm, my path, my play
Art is my being, seeing, doing
Art is my joy, solace, and adventure
I AM an artist of life
And so are YOU!

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