

The Sacred Art of Knitting

dedicated to Ania Masara

A most beautiful, wise, silver moon haired woman sits silently in her sacred space of home. Each day she reaches for colorful yarns to craft exquisite beauty.

Passed down through feminine ages, knitting is a sacred art of simplicity, practicality, grace, and creative rest.

Beautiful woman, you tell me that you are just knitting. As for myself, there is a different knowing.

As you sit in quietude weaving yarn strands from left to right, back to left, and so on, notice that you are weaving energy, not only form. The result is a unified creation through hands of unconditional love... simple an action, profound an effect.

That which you create is an expression of wisdom's lovelight being absorbed into every stitch.

I have met many women who have turned to knitting. Many of them do not know why. I say that knitting is a return to the tending of warmth and beauty.

Where there is warmth , there is love ~ where there is beauty there is healing. No wonder the Sacred Art of Knitting has been ignited with great vigor.

No longer may you say that you are **just** knitting ~

Indeed dear sister, you are knitting blessings for the world ~

Renya

2005